

Guam Community Health Centers

DPHSS - Guam Community Health Centers Announces Storm Preparedness Operations



Dededo, Guam – In preparation for the approaching storm, DPHSS- Guam Community Health Centers (GCHC) is adjusting clinic operations to help ensure the community continues to have access to essential health care services and medications.



SATURDAY CLINIC HOURS

On Saturday, July 4, the Northern Region Community Health Center (Dededo) will be open from **8:00 a.m. to 5:00 p.m.**

The pharmacy will be open from **8:00 a.m. to 12:00 p.m.** for medication pick up and early prescription refills. CHC patients are encouraged to refill maintenance medications before the storm.



OPERATIONS BEGINNING AT COR 2

Once Condition of Readiness (COR) 2 is declared:

- The Southern Region Community Health Center (Inalâhan) will be open 24 hours a day to provide urgent care for non-life threatening medical needs. It will remain open until COR 4 is announced.
- The Northern Region Community Health Center (Dededo) will close beginning at COR 2 and remain closed until COR 4 is announced.
- Patients with scheduled appointments affected by the closure will be contacted to reschedule.



OPERATIONS AFTER COR 4

Once Condition of Readiness (COR) 4 is declared, the Northern Region Community Health Center (Dededo) will resume operations with extended hours to accommodate patients following the storm. The health center will open Monday through Friday from **6:00 a.m. to 7:00 p.m.** Saturday operations will continue under regular clinic hours from **8:00 a.m. to 5:00 p.m.** Essential services will be prioritized to support community needs during early recovery.



IMPORTANT REMINDERS

- Refill prescription medications before the storm whenever possible.
- Keep a list of your medications and bring enough medication to last through the storm, if available.
- Patients who rely on electricity for medical equipment, including oxygen concentrators, CPAP machines, or other essential medical devices, should plan ahead for possible power outages. Please follow guidance from the Department of Public Health and Social Services (DPHSS) and Guam Homeland Security/ Office of Civil Defense regarding shelters and emergency resources.
- For life threatening emergencies, call 911 or go to the nearest emergency department.



For updates on clinic operations, follow the Guam Community Health Centers Facebook page. For the latest storm information and Condition of Readiness updates, visit the DPHSS website.

Guam Community Health Centers remains committed to providing safe, accessible care before, during, and after the storm.



For updates, follow DPHSS on social media or visit dphss.guam.gov.

Division of Environmental Health

DPHSS Offers Food and Water Safety Tips After a Disaster



After a natural disaster, food and water may not be safe to use. The Division of Environmental Health of the Department of Public Health and Social Services recommends the following steps to keep your food and water safe:



FOOD SAFETY

- **Throw out perishable food** (i.e. meat, fish, eggs, milk, cut melons, cut tomatoes, cut leafy greens, sprouts, leftovers) in your refrigerator when the power has been off for four hours or more.
- Thawed frozen food that still contains ice crystals can be refrozen or cooked immediately.
- **Throw out these foods and containers that may have had contact with flood or storm water:**
 - Food with unusual odor, color, or texture
 - Cans or food containers that are bulging, open, or dented
 - Food not in waterproof containers or cans
 - Food canned at home
 - Food in cardboard containers (including juice, milk, and baby formula)
 - Food in container with screw caps, snap lids, crimped caps, twist caps, flip tops, and snap-tops.
- **Throw out the following items that may have had contact with flood or storm water:**
 - Wooden cutting boards
 - Baby bottle nipples and pacifiers
- **Clean and sanitize things that touch food in a four-step process:**
 1. Wash with soap and clean water.
 2. Rinse with clean water.
 3. Sanitize by immersing for 1 minute in a solution of 1 cup (8 ounces or 240 milliliters) of chlorine bleach in 5 gallons of clean water.
 4. Allow to air dry.
- **Remember, when in doubt, throw it out.**



WATER SAFETY

- Listen for announcements from local officials to find out if there are germs and/or chemicals in the water.
- Boil water if instructed. Boil it for at least 1 minute (start counting when the water comes to a constant boil). Let the water cool sufficiently before drinking.
- Use bottled water if instructed. Sometimes after a disaster, there may be chemicals in the water that boiling cannot remove.
- **For infants:**
 - Breast-feed or use ready-made formula.
 - If you must use water to make formula, use only commercially-bottled water until officials say your tap water is safe to drink
- **Things you should never do:**
 - **Never** drink the water unless you know it is safe.
 - **Never** wash or clean dishes, utensils, toys, or other objects in the water unless you know it is safe.
 - **Never** bathe in the water unless you know it is safe.
 - **Never** cook with the water unless you know it is safe.
 - **Never** brush your teeth with the water unless you know it is safe.
 - **Never** use the water to make ice unless you know it is safe.



For further information about this requirement, please the Food Safety Program of the Division of Environmental Health at **(671)300-9579**, or via email at **dphss-deh@dphss.guam.gov**.



For updates, follow DPHSS on social media or visit **dphss.guam.gov**.

Division of Children's Wellness

Condition of Readiness (COR) Status



The Division of Children's Wellness advises the public that the following bureau operations will officially cease upon the declaration of Condition of Readiness (COR) 2. Operations may cease earlier if necessary to support emergency preparedness and public safety.



Services will resume once COR 4 is officially declared and facilities are approved for reopening.



BUREAU OF CHILD CARE SERVICES (BCCS)

- All bureau operations will be suspended.
- For updates, visit guamchildcare.com and monitor official government channels and local media.



BUREAU OF SOCIAL SERVICES ADMINISTRATION (BOSSA)

- All bureau operations will be suspended.
- During the closure, suspected reports of child abuse or neglect should be reported to the Guam Police Department.

DPHSS PUBLIC HEALTH ADVISORY

DEPARTMENT OF PUBLIC HEALTH & SOCIAL SERVICES (DPHSS)

Division of Senior Citizens Operations

During Typhoon Conditions

Because protecting our manāmkō remains our priority.



01



SERVICE SUSPENSION (COR 2)

The following Aging Services Programs will cease operations upon the declaration of Condition of Readiness (COR) 2 and will remain closed until COR 4 is declared:

- Adult Day Care Centers (3 locations)
- Senior Citizens Centers (11 locations)
- Case Management Services
- In-Home Services
- Elder Justice Legal Assistance Services
- National Family Caregiver Support Program
- Transportation Services

02



3-DAY EMERGENCY DRY GOODS

Emergency Dry Goods for up to 3-Days is provided for Monday, July 6 - Wednesday, July 8 for Congregate clients attending the Senior Centers and Adult Day Care Centers and Home-Delivered for frail elderly clients.

03



REPORTING ABUSE

To report abuse involving:

- Seniors age 60 and older
- Adults with disabilities age 18 and older

Contact the 24-hour Crisis Intervention Hotline: (671) 632-8853
Email: APSGuam@dphss.guam.gov



Information, Referral and Assistance and Medicare Assistance services will remain suspended until normal operations resume.

04



RESUMPTION OF SERVICES (COR 4)

All Aging Services Programs will resume once Condition of Readiness 4 is declared and it is safe to reopen, including:

- Adult Day Care Centers
- Senior Citizens Centers
- Case Management and In-Home Services
- Legal Assistance Services
- Transportation Services
- Congregate and Home-Delivered Nutrition Services
- National Family Caregiver Support Program
- Medicare Assistance

Contact Information

For service inquiries or to resume services after reopening:

Division of Senior Citizens
(671) 735-7415 or (671) 735-7421

Monday through Friday,
8:00 AM to 5:00 PM

Email: Biba.SeniorCitizens@dphss.guam.gov

Program Contacts:

- Adult Day Care
 - North: (671) 632-0222
 - Central: (671) 632-0220
 - South: (671) 828-0600
- Senior Centers: (671) 475-6266
- Case Management: (671) 735-3277
- In-Home Services: (671) 735-3277
- National Family Caregiver Support Program: (671) 735-3277
- Transportation Services: (671) 649-1941
- Medicare Assistance: (671) 735-7450



DPHSS encourages families to plan ahead, check on seniors, and stay informed through official updates.



For more information, visit dphss.guam.gov
or follow DPHSS on social media